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## The Empowered Whistleblower: A Practical and Spiritual Path to Personal Power (Paperback)

By Dawn Marie Westmoreland

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\*\*\*\*\*.When you land in the Mental Health ward you get to

choose-do I want to remain a victim of my circumstances or

do I want to be a victor of my life? I chose to check myself out

of the Mental Health ward after three days and take charge of

my life! The traumas we face in our lives can disempower us

OR we can overcome them and thrive! The Empowered

Whistleblower is my raw and transparent story of going

through childhood sexual molestation, childhood/adult

bullying, an alcoholic marriage and landing in the Veterans

Affairs Mental Health ward after two years of horrific bullying

in the Veteran Affairs for being a whistle-blower. In life, each

negative experience can be a gift in ugly wrapping paper if you

can find the lesson or growth in each opportunity. I blow the

whistle on disempowerment in its various forms and I am now

teaching others as a Personal Power Coach, how to step up

and break their own chains that hold them back from their

personal triumphs. Today,...



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