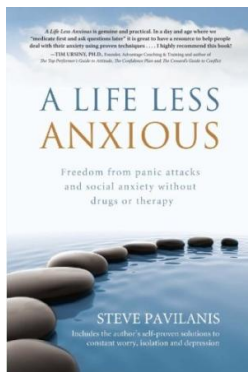


## A Life Less Anxious: Freedom from Panic Attacks and Social Anxiety Without Drugs or Therapy



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