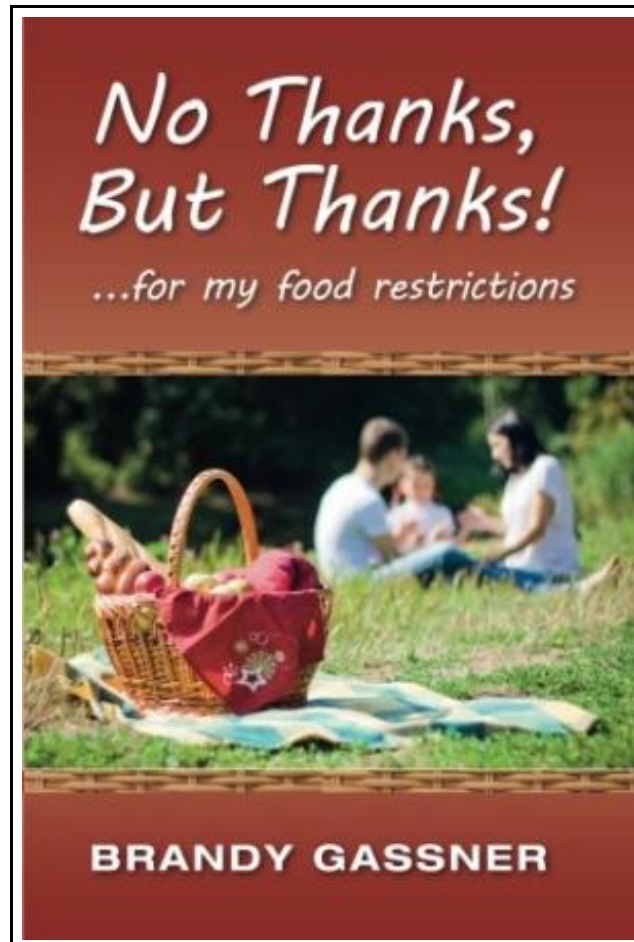


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Professional Woman Publishing, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.This book is for you, the person who has, or has a loved one with, food restrictions. When my daughter was born in 2003 she was a sick young girl. It took us two years and a lot of grief to get a diagnosis for her. Once we got the diagnosis I was left in the dark. I looked everywhere for one book that would help me. One book that would tell me what I needed to know in simple language that my stressed out brain could comprehend. One book that told me that it would all work out. One book that I could reference for information, or at least tell me where to go for more information. One book I could loan to caregivers so they knew a bit about what was going on with my children. One book that I could keep track of all the information I needed. One book that would give me the confidence in myself to stand up to my doctors and tell them I thought they were wrong and needed to dig deeper for an answer. I never found it. My goal is to compress years of experience into one handy reference guide for you. Whether you are the one who has been diagnosed with a disease or disorder that affects what you can eat or whether you have a loved one that you are concerned about. This book will serve as your one stop shop for definitions, explanations, notes, and inspiration. There are thousands of books out there that can help you with Allergies, Diabetes, Celiac Disease, Gluten Intolerance, etc. They can help you with the nutrition part...



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