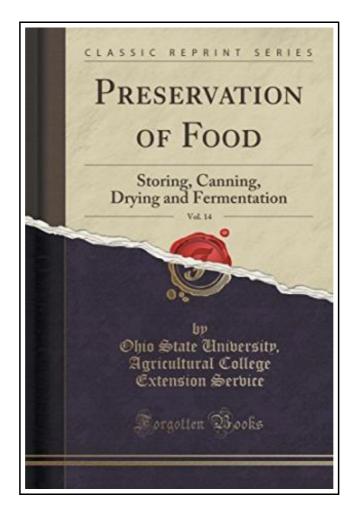
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(Prof. Louvenia Flatley)

PRESERVATION OF FOOD, VOL. 14: STORING, CANNING, DRYING AND FERMENTATION (CLASSIC REPRINT) (PAPERBACK)



Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Excerpt from Preservation of Food, Vol. 14: Storing, Canning, Drying and Fermentation In view of the general food shortage and of the shortage of supplies for commercial canning, it is important that fruits and vegetables be preserved by some means. Food must not be allowed to go to waste. Among the reasons for preserving food the following are especially applicable during the present season: 1. To supply fruits and vegetables thruout the year s diet. 2. To provide foods at less cost than the commercially prepared can be obtained. 3. To prevent waste. 4. To insure an adequate food supply for each family thruout the year. 5. To give variety to the diet. 6. To save time in preparation, that the housewife may have more time for her family and war activities. 7. To release the commercially canned goods for use abroad. 8. To increase the world s food supply. Why Foods Spoil The spoiling of food is due, principally, to two causes, namely, to the presence of sub.stances called enzymes; to microorganisms, as bacteria, yeasts and molds. 1. Enzymes. - These are substances, the exact composition of which is as yet unknown. They are normally present in the cells of fruits and vegetables, and, in fact, in the cells of all plant and animal life. They are known not only for the changes which they bring about, as the ripening of fruits and vegetables, but for the speed with which these changes are effected. It is upon the rapidity of such changes that the method chosen for the preservation of fruits and vegetables depends. For example, apples, potatoes, and parsnips may be stored in cellars or...

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