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## Nutrition Diet Therapy: Evidence-based Applications (Paperback)

By Carroll A. Lutz, Karen Rutherford Przytulski

F.A. Davis Company, United States, 2011. Paperback. Book Condition: New. 5th Revised edition. 274 x 211 mm. Language: English . Brand New Book. This popular text, developed jointly by a nurse and a dietitian, provides a strong foundation in the science of nutrition and a clear understanding of how to apply that knowledge in practice. The 5th Edition is more reader friendly than ever, with a new contemporary, full-color design and a wealth of online tools and resources for students and instructors. Highlights include the many pictures, charts, tables, care plans, and assessment tools. It effectively combines nursing care with the nutritional information pertinent to today's classroom and practice settings. It's ideal for stand-alone nutrition courses, programs that offer nutrition as part of Medical-Surgical, Fundamentals, or Pediatrics classes, or as a supplement to any nutrition content. This title offers strong emphasis on clinical applications. It is designed to meet the needs of both stand-alone nutrition courses and nutrition content integrated across the curriculum. It features the new MyPyramid and Dietary Guidelines. It includes nutrient recommendations and food label data, including updated DRIs and the latest on trans-fatty acids. It identifies cautions for unregulated supplements and describes interactions...



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